Granite United Way: HELPING OUR SOUTHERN REGION





Granite United Way is a unique nonprofit organization, leveraging leadership in collaboration and quality impact at both the local and regional levels. Granite United Way advocates for programs and services that deliver long term solutions for our community's most pressing issues. **We help people Learn, Earn and Be Healthy.**

SOUTHERN REGION HIGHLIGHT: PARTNERSHIPS BUILDING HEALTHY COMMUNITY

Collaborating in new ways is the key to addressing complex community issues. A great example of this is how Granite United Way and the Mental Health Center of Greater Manchester. Together, these organizations have leveraged their collective power by joining forces with other organizations to ensure critical services are available to address the complex mental health needs in our community.

More than 11,000 individuals annually receive support through the Mental Health Center of Greater Manchester. Some of the best ways they can help is through fostering positive experiences. In group therapy, Rose, a 60-year-old patient has struggled with friendships due to the acuity of her symptoms. Self-stigma had contributed to years of inability to maintain these important relationships. The group works on building social support at the end of the session, and this patient exchanged phone numbers with another group member to meet up socially. The staff, having worked with this patient in a one-on-one basis, has seen this blossoming friendship as a fulfilling experience for all involved. Rose's story of connection is just one of the hundreds of lives that are impacted every day.

"Through this partnership, we have been able to provide mental and behavioral health services to those who need us most. Our partnership with Granite United Way makes this possible."

~ Patricia Carty, President and CEO The Mental Health Center of Greater Manchester



YOUR GIFT TO GRANITE UNITED WAY HELPS TODAY!

HOW WE PUT YOUR DONATIONS TO WORK

GRANTMAKING DONOR CHOICE VOLUNTEERISM

600 AGENCIES RECEIVE FINANCIAL SUPPORT FROM ANNUAL CAMPAIGN

\$250K INVESTED IN LOCAL GRASS ROOTS ORGANIZATIONS

> **3000** VOLUNTEERS ENGAGED IN COMMUNITY EFFORTS

\$1.5M INVESTED IN LOCAL PARTNERS IN NH & VT

> Charity 🕂 Navigator

Platinum Transparency 2023

Candid.

