



UNITED WE LIFT UP OUR COMMUNITIES.

LIVE UNITED®

Bethany was pregnant and suffering from depression. She did not have a partner involved in her life, and her biological family was not available to help out during the pregnancy.

Alone in the Upper Valley, Bethany reached out to Good Beginnings and they connected her to a volunteer, who visited for several weeks after the birth of her child.

This volunteer would bring Bethany to the laundromat, the DMV, various stores and sometimes an outing.

A second volunteer came along later and spent hours visiting with Bethany in her West Lebanon apartment,

giving her a break, some much needed conversation and helpful parenting tips.

Bethany continued to reach out to Good Beginnings for formula, diapers and infant clothing, all of which were provided.

Bethany finally found stability when her son turned 6 months old. Feeling much more connected to her toddler and her community she no longer needed help from Good Beginnings and their volunteers.



2,300+
residents accessed services to address challenges related to mental health and substance use disorder through local agencies.

United Way fights for the health, education and financial stability of every person in every community.

Learn more at www.graniteuw.org.

