

United Way advances the common good by creating opportunities for a better life for all. We focus on Education, Income and Health—the essential building blocks for a good life. We link thousands of non-profits, businesses, institutions, and individuals to one another, creating a network of support for individuals and families that strengthens our local communities.

United Way recruits the people and organizations who bring the passion, expertise and resources needed to get the job done. We develop focused, measurable strategies that ensure your investment achieves results.

## UPPER VALLEY | New Hampshire and Vermont

### REAL PEOPLE. REAL RESULTS.

IN 2010, THOUSANDS OF INDIVIDUALS, CHILDREN AND FAMILIES IN THE UPPER VALLEY WERE SERVED BY GRANITE UNITED WAY FUNDED PROGRAMS.

1,200 individuals affected by domestic violence, sexual assault or stalking were provided free and confidential services and support through the Crisis Intervention and support services program at Women's Information Services, Inc.

100 families recieved parenting education, advocacy, home visits, transportation, support in finding housing and support for parenting youth who are facing significant challenges in establishing a stable home environment through Hannah House.

6,751 individuals and children were provided with a week's supply of healthy groceries through the Upper Valley Haven's Food Shelf.

2,500 grade k-12 children in the Upper Valley received H1N1 vaccinations at school through the Upper Valley Immunization Program at Mascoma Valley Health Initiative in partnership with the Upper Valley Health Hazards Region.

528 Hospice patients facing a life-limiting illness or injury were provided expert medical care, pain management, and emotional and spiritual support expressly tailored to the patient's needs and wishes through the Hospice program at Visiting Nurse Association and Hospice.

### WHAT WILL MY CONTRIBUTION DO IN THE UPPER VALLEY AND SOUTHERN WINDSOR COUNTY REGIONS?

A contribution of \$2 per week (\$104 per year) provides diapers, wipes and rash cream for an infant's first month of life at Willow Grove.

A contribution of \$5 per week (\$260 per year) enables thirteen children to be members of the Boys and Girls Club for one year.

A contribution of \$10 per week (\$520 per year) provides specialized medical equipment for visiting nurses' medical bags.

A contribution of \$20 per week (\$1,040 per year\*) provides 693 meals a year to individuals that perhaps would have gone hungry.



Granite United Way

GIVE. ADVOCATE. VOLUNTEER.  
**LIVE UNITED.**



graniteuw.org