A steady job is the most reliable step on the pathway to financial empowerment but too often barriers such as childcare, reliable transportation, and acute need for emergency financial assistance derail good employees and impact their employment. As a result, employees either lose their jobs or opt to relocate to another community.

WHAT IS WORKPLACE WELLNESS?

Granite United Way’s Workplace Wellness Initiative promotes the health and well-being of employees in the workplace by improving workplace productivity, retention, advancement, and financial empowerment for employees. It offers a comprehensive range of resources and services that assist employees in being successful at work and securing their personal economic stability.

This program includes a variety of resources that are tailored to the unique needs of all employees including financial coaching, team building activities, mental health resources, substance misuse support, leadership workshops, & loan savings programs.

WORKPLACE WELLNESS RESOURCES

Direct Supports
- Onsite Resource Coordination
- Financial Coaching for employees
- Employer Collaborative & Champions meetings

Training
- Bridges Out of Poverty
- Substance misuse & behavioral health
- Financial Education classes
- Getting Ahead in the Workplace Multi-week class

Teambuilding Opportunities
- Day of Caring volunteerism & teambuilding activities
- Coordinated giving & workplace campaign support

Financial Empowerment Tools and Resources
- Free VITA Tax Preparation (onsite or online)
- Loan Savings Benefit Program
- Slack Group Online Community

Recovery Friendly Workplace Substance Misuse Supports
- Recovery Friendly Workplace Advisor support
- Recovery Friendly Workplace Designation by Governor
- Connection with local recovery support organizations
- Recovery Resource Champion toolkit

For further information about Workplace Wellness, please contact: Pamela Bailey at Pamela.Bailey@graniteuw.org or 603.224.2595 x304.