



Get Connected. Get Answers.

United Ways of New Hampshire-Lead State Partner

Your *link* to resources.

**Get Help, Give Help,
Discover Options.**

2-1-1 is the number to dial for information about health and human services and organizations in your community.

By dialing **2-1-1**, information is much easier to find.

2-1-1 is:

- A free call from anywhere in New Hampshire
- A free and confidential service
- Person-to-person assistance
- Language translation available

Just dial 2-1-1.

Toll free outside New Hampshire: 1-866-444-4211

TTY line for the hearing impaired: 1-603-634-3388

www.211nh.org



In partnership with



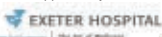
The State of
New Hampshire



Public Service
of New Hampshire

The Electric Division

Supported by



A partnership between United Ways of New Hampshire and
Public Service Company of New Hampshire.

2-1-1 has received support and commitments from
the State of NH, Citizens Bank, the New Hampshire
Charitable Foundation and Exeter Hospital.

For everyday needs and difficult times, **2-1-1** is ***your connection*** to thousands of resources across New Hampshire.

- ▣ Child Care Resource and Referral
- ▣ Clothing and Thrift Shops
- ▣ Consumer Services
- ▣ Crisis Services
- ▣ Discrimination Assistance
- ▣ Domestic and Sexual Violence Services
- ▣ Education—GED Instruction, Computer Classes
- ▣ Employment Services
- ▣ Food Shelves and Nutrition Programs
- ▣ Health Care Services
- ▣ Alcohol and Drug Programs
- ▣ Housing—Homeless Prevention, Shelter, Tenants' Rights
- ▣ Independent Living Services
- ▣ Legal Assistance
- ▣ Mental Health Care and Counseling
- ▣ Mentoring
- ▣ Military, Family and Community Network
- ▣ Parenting Programs
- ▣ Senior Information & Assistance
- ▣ Stop Smoking Programs
- ▣ Support Groups
- ▣ Transportation
- ▣ Utility Assistance
- ▣ Youth and Family Services
- ▣ Veteran Services
- ▣ Volunteering
- ▣ Wellness Programs
- ▣ And More...

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