At approximately 11:30pm, Roger had taken a very bad fall in his kitchen and was able to crawl to his bedroom, where he tried to reach for his phone, but he hit the wrong button and it went to a busy signal.

It wasn’t until the next morning around 11 am when the Meals on Wheels came to his house to deliver his meal.

This is when the volunteer found him lying on his bedroom floor. They did not panic and knew what to do and that was to call 911 and try to keep Roger calm.

"Many take for granted the services the elderly receive through Meals on Wheels. I certainly had they found my father lying on the floor. For us, Meals on Wheels is more than an organization that delivers meals, it has been another (set of eyes) who checks up on our father." - Roger’s daughter