



An initiative of Granite United Way

WORK UNITED NEWSLETTER

The latest news and updates from your
Work United Resource Coordinators

Free Summer Food Programs

Most VT and NH towns participate in a free healthy summer meal program once the school year has ended. If you are 18 years or younger you may go to a designated location for a free lunch meal. Some sites even offer a free meal to an accompanying adult! If you have questions or would like to know more about your local summer food program contact your Work United Resource Coordinator and they can help!!



In Need of Items, Not Just Resources?

Often times employees approach Work United Resource Coordinators with the need for items, not just resources. Some of the items we have helped acquire are tires, beds, other household needs, Christmas gifts, clothing, car seats ect. I want to share with you a few great ways to try to get some of these for FREE. I always say, you never know if you don't ask!

Have you ever heard of a Listserv? This is an email that goes out to folks who have signed up and it might include ISO (in search of), selling or advertising items or events. This is a FREE resource. Most towns have their own Listserv, or a general area listserv. Here in the Upper Valley there are many many participants. Anyone can subscribe to this group by sending a blank email message to uppervalleysubscribe@lists.vitalcommunities.org If you are in need, just ask!

Don't forget to reach out on Facebook. Most towns have a Facebook page. Our communities are quick to help.

You never know if you dont ask

If you are not computer savvy and would like some help with this please contact your Work United Resource Coordinator.

Mascoma Bank offers a free game!

Mascoma Bank offers a FREE online financial literacy game. Banzai is a fun game that can help educate you with real life financial situations.

Click on the link to start now -> **BANZAI**



LISTEN COMMUNITY DINNERS JUNE 2019

Assembly of God 1162 US Rt 4 Canaan, NH
LISTEN Community Dinner Hall | 42 Maple Street | WRJ | VT
All LISTEN dinners are served at 5pm

MON	MON	TUE	WED	THU	FRI	SAT
						1 Meatloaf Benson Family
3 American Chop Suey Assembly of God	3 Taco Bake Norwich UU	4 Spaghetti Etna Baptist	5 Ham Norwich Lions	6 Shepherds Pie Meriden Congregational	7 Baked Chicken Breast Hypertherm	8 Fish & Chips Troop 10659 Daisy & Brownies
10 Cookout Canaan Lions	10 Homemade Beef Stew Butch & Kitty	11 Meatloaf Lebanon Rotary Club	12 HCC BLOCK PARTY	13 SURPRISE Co-Op Food Store	14 Pork Chops The Junction Youth Center	15 Spaghetti & Meatballs Leslie Butler
17 Boiled Dinner Assembly of God	17 Chicken & Rice Jennie Ward	18 Meatloaf Dinner Mount Royal Academy	19 Honey Mustard Chicken Norwich CC	20 American Chop Suey West Lebanon Congregational	21 Sloppy Joes Holly Maher	22 Mac & Cheese Baha's & Friends
24 Sloppy Joes Assembly of God	24 Pizza Friends of Table 3	25 Oven fried Chicken Upper Valley Jewish Community	26 Spaghetti Dinner Hanover CC	27 Mac & Cheese	28 Pork Chops Lebanon Methodist	29 SURPRISE Holly Maher

listen LISTEN Community Services | 60 Hanover Street | Lebanon, NH | 03766 | (603)448-4553 | www.listen.org

MEET YOUR WORK UNITED RESOURCE COORDINATORS



ANGEL HUDSON

Angel.Hudson@graniteuw.org
Cell (603) 657-0961



PRUDENCE PEASE

Prudence.Pease@graniteuw.org
Cell (603) 361-3429



SUZANNE WALDREN

Suzanne.Waldren@graniteuw.org
Cell (603) 391-9006

FOR EMPLOYEES AT

- Coop Food Stores
- Alice Peck Day
- Mascoma Bank
- Mt Ascutney Hospital

FOR EMPLOYEES AT

- Simon Pearce
- Kendal at Hanover
- King Arthur Flour
- Chippers

FOR EMPLOYEES AT

- Hypertherm
- Dartmouth College
- Fujifilm Dimatix