



# WORK UNITED NEWSLETTER

The latest news and updates from your  
Work United Resource Coordinators

## Free Summer Food Programs

Most VT and NH towns participate in a free healthy summer meal program once the school year has ended. If you are 18 years or younger you may go to a designated location for a free lunch meal. Some sites even offer a free meal to an accompanying adult! If you have questions or would like to know more about your local summer food program contact your Work United Resource Coordinator and they can help!!



## Looking for Funding for College?

We have featured this topic before in our monthly newsletter but it never hurts to refresh our memories on the available resources when it comes to college funding. When applying for college funding you should start with applying for FAFSA. Click here for link -> **FAFSA**

If you are a Vermont resident apply for your VSAC grant ASAP each year. This is first come first serve. Click here for the link -> **VSAC** They also offer a scholarship booklet.

If you are a New Hampshire resident the NH Charitable Foundation offers scholarships. Click here -> **NH Charitable Foundation**

If your child is still in high school they should speak to their guidance counselor about possible scholarship options.

You may also find that your local Eagles Club or Lions Club also offers scholarships.


Speak to the college financial aid office that you plan to attend. They may have scholarships available.

If you are employed your employer may have tuition reimbursement. Speak to Human Resources for more information.




Your Work United Resource Coordinator is happy to help you through this process.

## Credit Report

Did you know that you can receive your **FREE** credit report from all three credit bureaus once every twelve months? It's a wise idea to take a look at your report to be sure that everything is accurate. Your Work United Resource Coordinator has the paperwork for you to order these transcripts. They can even help you understand the report once it comes in. If there is anything you need to dispute on your report, we can help you with this process!

 <b>JULY 2019</b>						
<small>Assembly of God 1162 US Rt 4 Canaan, NH</small>						
<small>LISTEN Community Dinner Hall   42 Maple Street   WRJ   VT</small>						
<small>All LISTEN dinners are served at 5pm</small>						
MON	MON	TUE	WED	THU	FRI	SAT
1 <b>Chicken &amp; Broccoli Ziti</b> Assembly of God	1 <b>Shepherd's Pie</b> Helping Hands	2 <b>Sloppy Joes</b> Chris B Team	3 <b>Ham</b> Norwich Lions	4 <b>CLOSED FOR</b> Fourth of July	5 <b>Baked Chicken Breast</b> Erin Madory	6 <b>Meatloaf</b> Benson Family
8 <b>Sloppy Joes</b> Canaan Lions	8 <b>Taco Bake</b> Vital Communities	9 <b>Baked Chicken</b> Sacred Heart	10 <b>Ham &amp; Chicken</b> St. Denis	11 <b>??? SURPRISE</b> Co-Op Food Store	12 <b>Pork Chops</b> Shell Noble	13 <b>Grilled Cheese &amp; Soup</b> Meghan & Keelika
15 <b>Pork Roast</b> Assembly of God	15 <b>??? SURPRISE</b> St. Paul's	16 <b>Shepherd's Pie</b> Our Savior Lutheran	17 <b>Chicken &amp; Biscuits</b> Holly Maher	18 <b>American Chop Suey</b> West Lebanon Congregational	19 <b>Breakfast for Dinner</b> Erin Madory	20 <b>Spaghetti &amp; Meatballs</b> Leslie Butler
22 <b>Cookout</b> Assembly of God	22 <b>Cookout</b> Friends of Table 3	23 <b>Baked Chicken</b> Upper Valley Jewish Community	24 <b>Mac &amp; Cheese</b> Hanover CC	25 <b>Meatloaf</b> Holly Maher	26 <b>Chicken</b> Lebanon Methodist	27 <b>Ham Dinner</b> Bahai's & Friends
29 <b>Mac &amp; Cheese</b> Assembly of God	29 <b>Baked Chicken</b> Courtyard/Element Hotels	30 <b>Sloppy Joes</b> St. Thomas	31 <b>Cookout</b> Vins			



LISTEN Community Services | 60 Hanover Street | Lebanon, NH | 03766 | (603) 448-4553 | [www.listen.org](http://www.listen.org)   

# MEET YOUR WORK UNITED RESOURCE COORDINATORS



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### FOR EMPLOYEES AT

- Coop Food Stores
- Alice Peck Day
- Mascoma Bank
- Mt Ascutney Hospital
- Early Care & Education Association

### FOR EMPLOYEES AT

- Simon Pearce
- Kendal at Hanover
- King Arthur Flour
- Chippers

### FOR EMPLOYEES AT

- Hypertherm
- Dartmouth College
- Fujifilm Dimatix