



## UNITED WE HELP FAMILIES FIND FINANCIAL STABILITY.

**LIVE UNITED\***

Heena, a young Bhutanese mother, and her 3 children arrived in the USA from a refugee camp in Nepal.

The father was not granted approval to enter the USA and Heena spoke very little English.

Although she had experience farming, she did not have any other transferable skills. Immediately upon her resettlement to Manchester, she enrolled in the NHEP and began receiving TANF (cash benefits) and Food Stamps.

In order to continue receiving these benefits she was mandated to participate in a federally approved work program at Manchester Community Resource Center Inc for 30 hours per week.

But in order to attend the program, the two younger children needed childcare. Manchester Community Resource Center (MCRC) assisted Heena in registering the children at Easterseals and applying for a State scholarship.

Heena attended the program as mandated and completed applications for subsidized housing, fuel assistance and other needed services.

She improved her English proficiency by attending English for New Americans. She learned work-place skills by participating in MCRC's instructor-led lessons and hands-on employer-based work program.

Heena was hired by a local commercial laundry company. Working full-time and earning her paycheck she was able to purchase a reliable vehicle.

MCRC continued to provide support to the young mom and her children, even after she graduated from the program.

Heena and the girls are now living in an apartment with a beautiful and safe backyard. Heena has learned to advocate for herself; and become a strong independent woman.

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United Way fights for the health, education and financial stability of every person in every community.

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