

# Strengthening our COMMUNITY



The mission of the Capital Area Public Health Network (CAPHN) is to promote, protect, and improve the health and well-being of communities within the Capital Area of New Hampshire through the proactive, coordinated, and comprehensive delivery of essential public health services.

## CAPHN Service Area

The Capital Area Public Health Network region is comprised of the following municipalities:

Allenstown, Andover, Boscawen, Bow, Bradford, Canterbury, Chichester, Concord, Deering, Dunbarton, Epsom, Henniker, Hillsboro, Hopkinton, Loudon, Northwood, Pembroke, Pittsfield, Salisbury, Warner, Washington, Webster, Weare, Windsor

## CAPHN Initiatives

CAPHN focuses on specific areas related to the health and safety of your community and welcomes volunteers to participate in initiatives.

### • Public Health Advisory Council (PHAC)

The role of the PHAC is to advise the CAPHN by identifying and prioritizing regional public health priorities based on assessments of community health; encouraging the development of evidence-based programs, practices and policies; advancing the coordination of services among partners; and promoting community engagement on public health issues.

### • Substance Misuse Prevention - Capital Region Community Prevention Coalition (CRCPC)

The CAPHN works to reduce substance misuse among youth and young adults in the Capital Area by mobilizing key sectors of the community to implement evidence-based prevention strategies. Current strategies include: Youth Leadership Councils, Life of an Athlete, Project Success, Prescription Drug Take Back Initiatives, and the Social Marketing Campaigns.

### • Suicide Prevention

Our suicide prevention efforts are supported through a partnership with NAMI NH. We are working to train key stakeholders and build community capacity in addressing the prevention of suicides among youth and young adults.

### • Public Health Emergency Preparedness

The CAPHN provides leadership and coordination to improve the readiness of partners to mount an effective response to public health emergencies and threats. This work includes the maintenance of a regional annex, which includes plans for response to and recovery from public health emergencies that impact communities in the region. The CAPHN works with local Emergency Management Directors to strengthen and develop regional sheltering plans to respond to the needs of the communities during events.

### • Medical Reserve Corps

The Medical Reserve Corps (MRC) is a national network of local groups of volunteers committed to improving the public health, emergency response, and resiliency of their communities. We maintain an active MRC in the Capital Area and work on an ongoing basis to recruit, train, and maintain volunteers to support our efforts.

### • School-Based Influenza Vaccination Services

The CAPHN partners with local schools to offer no-cost influenza vaccinations to students. This program prioritizes schools where children are less likely to be insured or have other barriers to being vaccinated.



## Keeping your community safe and healthy!

The Capital Area Public Health Network is sponsored by



## HOW DO I GET INVOLVED?

For more information or to get involved with the **Capital Area Public Health Network** and any of its initiatives, contact Shannon Bresaw, MSW, CPS, Director of Public Health Services & Prevention, at [shannon@capitalprevention.org](mailto:shannon@capitalprevention.org) or 603.224.3840 x228.