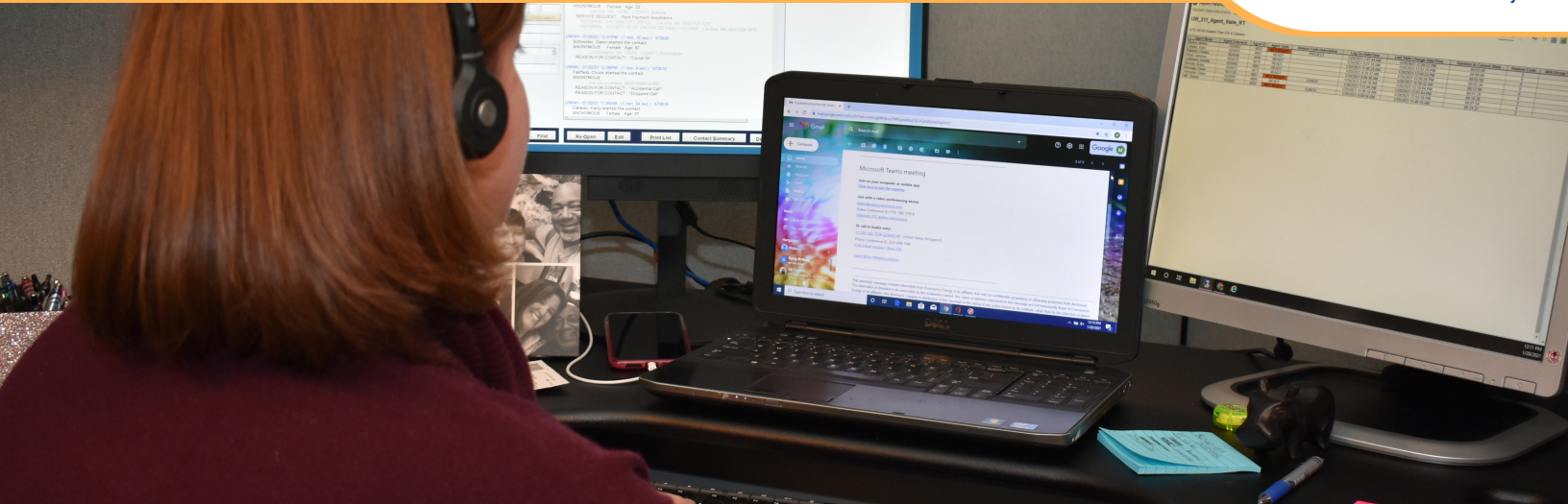


# >>> Health and human service information 211 NH Information and Referral Helpline

2.1.1

Get Connected. Get Help.™  
An Initiative of Granite United Way



People across New Hampshire face challenges every day and they are unsure whom to call and where to access the resources they need. Fortunately, there is one easy-to-remember phone number to access the health and human services available in our state.

## 211 IS THE NUMBER TO DIAL WHEN YOU NEED HELP OR DON'T KNOW WHERE TO CALL

Similar to dialing 911, calls to 211 are routed by the local telephone company to a call center. Thanks to our partnership with Eversource, dialing 211 will connect you to 211 NH - a Granite United Way initiative and the information and referral service for the entire State of New Hampshire. You can also visit [211nh.org](http://211nh.org) to search for resources online.

### TALK TO REAL PEOPLE WHO CARE

Once connected, callers speak directly with an Information and Referral Specialist, not an automated response, who will match the caller's needs to available resources in a state-wide database and connect them directly to the necessary agency or resources.

### INFORMATION & REFERRAL

While 211 NH does not provide any direct services themselves, their relationships with many key organizations throughout the state, like the Department of Health and Human Services for example, make it possible for callers to get quickly connected to solutions to some of our state's most pressing concerns.

### COMMON CALL INQUIRIES

- Crisis services
- Utility assistance
- Domestic & sexual violence services
- Housing (homeless prevention, tenant's rights)
- Veterans services
- Food insecurity & pantries
- Health care services
- Substance misuse prevention, treatment & recovery services
- Legal assistance
- Mental health care & counseling

For further information about 211 NH please contact:  
Melina Burton at [Melina.Burton@graniteuw.org](mailto:Melina.Burton@graniteuw.org) or 603.224.2595 x316.